

CONFERENCE PROGRAMME

Tuesday 15th DECEMBER 2020

Session Timings	Speakers	Stream of Medicine	Topic
08:45 to 09:00			
Opening Remarks			
Session 1 09:00 to 11:00	Dr. Haiman El-Nahal , General Manager & Specialist in Complementary Medicine and Cupping Therapy, Sharjah International Holistic Health Centre & Platinum Medical Centre, Sharjah, UAE	Hijama (Arabic)	Cupping Therapy (Hijama) and Medical Rule in Human Body
	Dr. Benazir Quraishi , Medical Director, Unani Medicine Practitioner, Cleopatra Spa & Wellness, Wafi, Dubai, UAE	Unani	Improving and Restoring Gut Health - Unani Perspective
	Dr. Sinsen Joseph , Medical Director & Specialist Homeopathic Medicine, Lakeshore Medical Centre, Dubai, UAE	Homeopathy	Homeopathy For Gut Health & Beyond - An Overview
	Q n A		Q n A for morning session speakers
11:00 to 12:00			
Mid-Morning Break (mandatory break as per COVID-19 regulations for sanitization)			
Session 2 12:00 to 13:30	Dr. Michaela Jaksch , Managing and Medical Director, Freiburg Medical Laboratory ME LLC, Dubai, UAE	Lab and Diagnostics	Gut Health: Diagnostic Possibilities in the Medical Laboratory - An Overview
	Dr. Lu Yongjie , Traditional Chinese Medicine Practitioner and Acupuncturist, Top Medical Centre, Dubai, UAE	Chinese Medicine	Maintaining Gut Health Under COVID-19 Pandemic Through Traditional Chinese Medicine
	Dr. Zain Ladha , Naturopathic Physician, The Chiron Clinic, Dubai, UAE	Naturopathy	Understanding the Estrobolome - The Connection Between Gut Health and Estrogen Metabolism
	Q n A		Q n A for mid morning session speakers
13:30 to 14:30			
Lunch Break (mandatory break as per COVID-19 regulations for sanitization)			
Session 3 14:30 to 16:30	Dr. K Abdul Latheef , Medical Director, Ayurvedic Herbal Health Centre, Sharjah, UAE	Ayurveda	Gut - The Seat of All Diseases - The Ayurvedic Perspective
	Dr. Shajahan Abdul Rehiman , Managing Director and Homeopathic Consultant, Fatima Medical Centre, Al Ain, UAE	Homeopathy	Scope of Homeopathy in Inflammatory Bowel Disease
	Dr. Meera Gopi Kurian , Director and Internal Medicine Physician, Dr. Sunny Medical Centre, Sharjah, UAE	Internal Medicine	Brain-Gut Connection - The Role of Gut Microbiome on Sleep and Circadian Rhythms
	Mathura Bihari Das , Life Coach, Founder-Sevarth Foundation, Uttar Pradesh, India	Yogic Science Popular Talk	Nature of Gut and its Deeper Understanding for True Wellbeing
	Q n A		Q n A for mid morning session speakers
16:30 to 17:00			
Closing and certificate distribution			